

Going to the OR

A Social Story

A Preparation Book Created by
The Child Life and Creative Arts Therapy Department



**The Child Life &
Creative Arts Therapy
Department**



**Mount
Sinai**

Kravis Children's Hospital



Today, I will be going to the operating room or OR.



First, I will ride to the OR in a bed with wheels. Someone I know will go with me.



Then, I will wait in this room. Sometimes waiting is hard. I can bring a toy, book, or tablet with me to help me wait.



When the doctors and nurses are ready, I will go into the OR. The OR is a busy room. The doctors will not use everything in it.



Someone I know will go with me to the OR and will wear this.



The OR is a very clean room. This is what the doctors and nurses will wear.



Next, I will move to the bed in the OR. The bed will have a warm cushion on it.



There will be a special belt to help me stay safe on the bed.



Next, I will have stickers placed on my chest. They will help the doctors listen to my heart. I will not touch the stickers.



Then, I will have a sticker with a red light placed on my finger. I will leave the sticker on.



Next, I will get the sleep medicine. I might breathe the medicine in through a mask or it might go into the straw in my hand or arm. It will not hurt me.



When I wake up, someone I know will be there. I will be safe. I will leave the stickers and tubes on my body until the nurse takes them off.