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| PeerSupport Wellness  Program: Peer Leader  Training Schedule |

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| **Session** | **Date** | **Trainer(s)** | **Session Topic** |
| 1 | MM/DD/YYYY |  | Overview of Peer Led Program  Peer Leader Roles & Responsibilities  Code of Conduct  PeerSupport Wellness Day Planning |
| 2 | MM/DD/YYYY |  | Chronic Conditions Overview  Introduction to self-management  How Adults Learn  Motivational Interviewing Part 1   * Verbal and Nonverbal Communication * Active Listening * Barriers to Communication |
| 3 | MM/DD/YYYY |  | Small Group Facilitation   * Staying to time * Facilitation tools * Bringing the Conversation Back on Topic   Motivational Interviewing Practice |
| 4 | MM/DD/YYYY |  | Working in pairs/teams   * Conflict Resolution   Case management: retention  and engagement  Motivational Interviewing Practice  Small group facilitation practice |
| 5 | MM/DD/YYYY |  | Session activities and exercise  Helping people work through barriers  Motivational Interviewing Part 2 |
| 6 | MM/DD/YYYY |  | Setting Healthy Boundaries  Ethics & Confidentiality  Mandated Reporting  Self-care  Resources for peer leaders |